



Voluntary Action South Leicestershire is committed to improving lives in the neighbourhood and across Leicestershire.

# COMMUNITY CHAMPIONS

Supporting older people back  
into the heart of their communities

Could you volunteer to contact an older person  
for an hour or two each week to reduce loneliness

OR

Would you welcome regular contact with a  
friendly volunteer?

**Please call now for more information:**

**01858 439262, [champions@vasl.org.uk](mailto:champions@vasl.org.uk)**

**or call in at Torch House, Torch Way, off Northampton Road  
by the Leisure Centre Mkt Harboro' LE16 9HL**

**[www.vasl.org.uk](http://www.vasl.org.uk)**

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